



Taking the nextstep



Take control of your future.

Help Face to Face

Contact **nextstep** local services on

0800 1954 700

or visit the website

www.nextstepsoutheast.org.uk

Help over the phone

Contact the **Careers Advice Service**
national helpline on

08000 924 429

Lines are open 7 days a week 8am-10pm

Help Online

www.direct.gov.uk/careersadvice

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Leading learning and skills

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Our future.
It's in our hands.




Improve your skills, your job, your future

Let us show you how






A stepping stone to a better future



Sometimes it's hard to know what steps we should take to improve our skills so we can find a new or better job.

If you are not sure how to set about getting new skills, help is at hand.

Plus – it's all **free** and you can get help:

- Over the phone
 - Online
 - Face to face
- 



Careers advice that works for you

Whether you want to improve your skills, get a new qualification, or retrain. We can help.

We can:

- tell you about different jobs and the skills and qualifications you need
- help you find out about job vacancies, self-employment or voluntary opportunities
- help you find the right learning or training to suit you
- advise you on funding and support for learning or training
- help you write a CV and get ready for an interview

